



Food Not Lawns: How to Turn Your Yard into a Garden and Your Neighborhood into a Community

By Heather C. Flores

Chelsea Green Publishing Co. Paperback. Book Condition: new. BRAND NEW, Food Not Lawns: How to Turn Your Yard into a Garden and Your Neighborhood into a Community, Heather C. Flores, Food Not Lawns combines practical wisdom on ecological design and community-building with a fresh, green perspective on an age-old subject. Activist and urban gardener Heather Flores shares her nine-step permaculture design to help farmsteaders and city dwellers alike build fertile soil, promote biodiversity, and increase natural habitat in their own eparadise gardensi. But Food Not Lawns doesn't begin and end in the seed bed. This joyful permaculture lifestyle manual inspires readers to apply the principles of the paradise gardenosimplicity, resourcefulness, creativity, mindfulness, and communityto all aspects of life. Plant eguerilla gardensi in barren road intersections; organize community meals; start a street theatre troupe or host a local art swap; free your kitchen from refrigeration and enjoy truly fresh, nourishing foods from your own plot of land; work with children to create garden play spaces.



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Reviews

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-- **Prof. Hilma Robel**

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